

Gabriola Health Care Foundation

2020 Annual General Meeting



Agenda – GHCF 2020 AGM

- November 9 - all members will receive via Email, or mail, a Notice of AGM with information about the upcoming AGM and how it is to be conducted complete with a link to the AGM web page.
- The AGM web page will include:
 - AGM agenda
 - Procedures for questions and answers
 - Voting instructions
 - President's Report;
 - Committee Reports:
 - Health Services Committee;
 - Recruitment & Retention Committee;
 - Treasurer's Report
 - Governance Committee;
 - Nominating Committee;
 - Special Resolution - Bylaw Changes;
 - Slate of nominees

Agenda – GHCF 2020 AGM

- Members have until November 14 to email questions about any of the AGM information to GHCF;
- All answers to the above questions will be compiled and sent out to all members November 18;
- Members will have until November 20 to propose any further nominations to the Board of Directors;

Any member of the Foundation may be nominated for election to the Board of Directors by submitting a nomination in writing, signed by the candidate and at least five other members of the Foundation. Such nominations must be delivered to Mike Phillips, 1415 Coats Dr, Gabriola V0R 1X6, or emailed to ghfc@ghfc.ca and be received no later than 6:00 PM November 20, 2020. In accordance with the GHCF by-laws, further nominations are not permitted.

- A voting page will be available on the website from November 9 through until 4:00 p.m. November 23. The voting page will include:
 - Adoption of the 2019 AGM minutes;
 - Adoption of the proposed bylaw amendments;
- Results will be sent out by 6 p.m. on November 23.

Minutes of 2019 AGM

The draft minutes of the 2019 AGM are at

<https://ghcf.ca/minutes.html>

GH President's report

Chuck Connor

President's report

The Gabriola Community Health Centre

- In 2006 - A vision for better health care on Gabriola began to emerge as residents looked for ways to overcome the lack of health care facilities and services as well as a means to attract and retain doctors on the island.
- In 2008 - Residents gave the Gabriola Health Care Foundation (“GHCF”) a mandate to develop a community owned urgent treatment facility, a primary care medical clinic and to promote primary health care services on the island.
- In 2012 - With incredible determination, fundraising and volunteering, the community completed construction and opened the doors to the Gabriola Community Health Centre.
- Today the Health Centre is in full operation, debt free, and provides the community with a well equipped urgent treatment facility together with a very effective model of team based primary health care offering a broad range of health services.

President's report

The Gabriola Health Care Foundation

Currently the Foundation serves a number of important roles including:

- Supporting and participating in the recruitment and retention of physicians
- Collaborating with the Health Authority and others to bring appropriate health services and programs to Gabriola
- On behalf of the community, assuming the responsibility as owner and landlord of the Health Centre for all administration, maintenance, tenant relations as well as financial management and long-term capital planning for the facility itself.

President's report

The Urgent Treatment Facility (the “UTF”)

- The UTF contains the specialized medical equipment and supplies necessary to treat patients requiring urgent medical care.
- The Clinic doctors respond to nearly 1,300 emergency cases annually.
- Typically, 90% of those patients are successfully treated in the UTF and are able to return directly home, eliminating many trips to Nanaimo and reducing the case load on the busy Nanaimo hospital emergency room.
- Patients with the most serious conditions are stabilized in the UTF and transferred by ambulance or helicopter to hospital emergency rooms in Nanaimo or Victoria for further treatment.
- Island Health's Home Care Nurses treat well over 1,000 patients annually in the UTF thereby providing greater efficiencies in nursing services.
- A plastic and reconstructive surgeon, a general surgeon and a cardiologist all see patients in the UTF on their regular visits to Gabriola.

GH President's report

The health care providers

All medical services and treatment of patients are provided by the various health care providers, each of whom lease space within the health centre and employ their own health care professionals, staff and administration.

- **Gabriola Medical Clinic**

- Doctors Mierzewski, Sandell and Thorne lease space in the Health Centre and operate their busy family practice as well as treating patients requiring emergency care in the UTF.
- The doctors work in close collaboration with various health care professionals from Island Health, all of whom treat patients within the Health Centre. This provides an excellent level of interdisciplinary team-based care for patients.

- **Life Labs** – Provides medical laboratory services 5 days a week.

- **Gabriola Dental** - Operates a modern dental and oral hygiene clinic.

- **Claire MacDonald, RMT** - Provides massage therapy services.

President's report

The health care providers (continued)

- **The Island Health Authority**
 - Island Health leases space in the Health Centre, including a portion of the UTF as well as the Telehealth, Nurses and Mental Health Rooms.
 - The Home Care nurses treat many of their patients in the UTF.
 - A psychiatrist sees patients both on regular visits to the Health Centre or via Telehealth services available in the Clinic.
 - A mental health and an addictions nurse see many patients in the Health Centre
 - A social worker and a mental health clinician help guide patients through the many support services available to residents.

President's report

Facility Management, Administration and Maintenance

- Funding to cover all operating costs of the health centre is derived primarily through the tenant's lease payments with the exception of a small amount of donations. There is currently no ongoing Government or Health Authority funding other than lease payments for the space actually used by Island Health in the delivery of their health services.
- Additional revenue generated by Island Health's recent leasing of 1/3 of the UTF as well as the nurses room, Telehealth and mental health rooms has allowed GHCF to contract a significant portion of maintenance work, placing less reliance on volunteers.
- This additional revenue, together with a bequest from the estate of former Gabriola artist Mary Gay Brooks, has also allowed GHCF to begin building a Health Centre Renewal fund for the purpose of replacing or upgrading all building components including mechanical equipment, computer systems, medical equipment, etc as they reach the end of their useful lifespans. This significant fund will ensure we have the funds available to ensure the health centre is maintained in top condition and upgraded in the years ahead.

GH President's report

Facility Management, Administration and Maintenance (contd.)

- A current priority for GHCF is to hire a part time administrator and engage a bookkeeper and accountant to relieve the significant workload on current volunteers which is not sustainable in the long term for a facility of this complexity.
- However, funding for these objectives is not yet fully realized and GHCF will continue discussions with both the Ministry of Health and the Health Authority to discuss support for the UTF in order to ensure the long-term sustainability of the Health Centre.
- GHCF was recently successful in receiving grants through the BC and Canadian Association of Community Health Centres and the Canadian Association of Community Health Centres for close to \$30,000 which helped to offset costs associated with COVID 19 such as additional infection control procedures and tenant rent relief.

President's report

Gabriola is well served!

- Without question, the primary health care services on Gabriola have come a long way since 2006.
- Island Health has significantly increased the primary health care services now available to all residents and visitors to Gabriola.
- The Gabriola Medical Clinic has become a very busy family practice and together with the health care professionals from Island Health provides an outstanding model of team based care for the residents of Gabriola.
- The Gabriola Health Care Foundation is very grateful to our doctors who are willing to be on call at any hour to treat patients who are in need of urgent medical care in the UTF. It is only with the dedication and caring of these doctors, and with the support of their families, that this excellent service is available to all residents and visitors to Gabriola
- GHCF wishes to thank everyone, and specially Dr Bosman on his recent retirement, who has helped make the Gabriola Community Health Centre the success it is today.

Health Services Committee

Vicky Scott, Chair
Dave Innell
Nancy Hetherington Peirce
Lynne Young

Health Services Committee

Mandate

Within the broader context of primary health care, assist the Board in identifying unmet needs of the community and in developing strategies to address them by:

- *Participating in community meetings and events where community health needs are being discussed.*
- *Promoting an understanding of the social determinants of health and engaging with the community, governmental and non-governmental organizations.*
- *Collaborating with local physicians and community partners in health services planning and development.*
- *Making recommendations to the Board regarding disbursement of funds from the Kitty Heller Fund. (The fund was established in 2012 with a bequest from the estate of Kitty Heller to provide support for health programs.)*

Health Services Committee

Activities 2019-2020

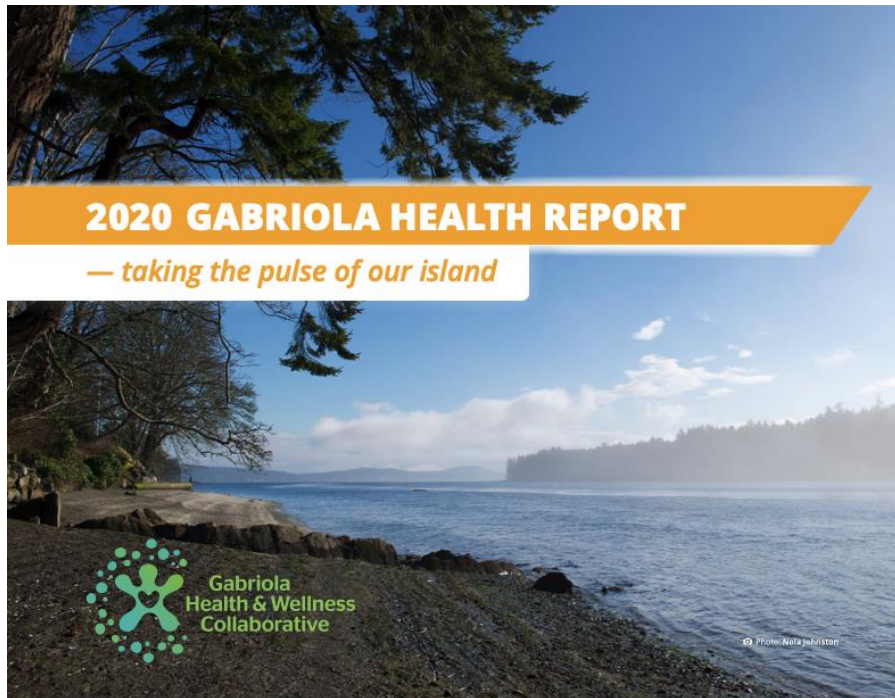
- **Grant to the Gabriola Arts Council (GAC):** In January 2019, the Committee considered an application from GAC for a fourth annual grant for their 2019/2020 Healing Power of Art Program, and recommended that the Board support the application. The Board agreed to a \$5,000 donation from the Kitty Heller Fund.
- **Grant to support the Mamahood Project:** In November 2019 funding up to \$5,000 was approved by the GHCF to support the Mamahood Project provide community-based counselling and group support for parents of young children to enhance their general mental health, their sense of connectedness to each other, their peers, their children and the community.
- **Health Promotion Events sponsored by GHCF:** On October 23, 2019 the GHCF hosted a public talk titled “*Scam Prevention – Don’t Get Taken’*”, featuring speakers from the Gabriola RCMP, Credit Union and Computer Technology covering topics such as scams via telephone, home repair scams, computer and banking. Plans for additional events in 2020 were postponed due to Covid-19 restrictions.

Health Services Committee

Activities 2019-2020 (continued)

- In September, 2019 the GHCF approved support for the *2020 Gabriola Health Report* project with \$5000 from the Kitty Heller fund. The goal of the Report is to provide easily understood indicators to increase community awareness of the health status Gabriolans, health care gaps, and efforts that are underway to make improvements. The report provides a reliable source of data to advance future health service planning and support funding applications. The Health Services Committee (HSC) supported this project over its development, including providing data on urgent care provided at the GCHC and a recommendation for an additional \$2000 to support dissemination.
- <https://www.ghcs.ca/2020-Gabriola-Health-Report.pdf>

GH Health Services Committee



<https://www.ghcs.ca/2020-Gabriola-Health-Report.pdf>

Health Services Committee

The Health Services Committee also has representation on the The Gabriola Health & Wellness Collaborative (GHWC) and HUB Group

- The **GHWC**, established in 2016 brings organizations, groups, and interested individuals together for action on issues that affect the health and wellness of the Gabriola community.
- The focus is on complex issues that often require larger connected groups to make a difference.
- A “Hub Group” consisting of representatives from approximately 20 member-organizations meet monthly to coordinate the activities of the GHWC.

Mission

- “To create opportunities among the GHWC members for mutual support, shared advocacy and improved use of funding resource to improve health outcomes for all Gabriolans.”

Health Services Committee

The Gabriola Health & Wellness Collaborative Activities for this year include:

- An application to the Michael Smith Health Research Foundation for a grant to study the effects of the Covid-19 pandemic on Gabriola Island as an isolated community ferry-dependent community. The application was unsuccessful but work on support for Gabriolans during the pandemic continued through a subcommittee of the GHWC *Gabriola Covid Response Emergency Operations Committee* to ensure an effective, systemic response through all phases of the Covid-19 disease progression. Despite not receiving funding, the research project went ahead under the auspices of the Collaborative (Dyan Dunsmoor-Farley) and Sustainable Gabriola (Fay Weller). The report is expected to be released this fall.

GH Recruitment & Retention Committee

Dr. Don Sutherland, Chair

GH Recruitment & Retention Committee

Mandate

The Recruitment and Retention Committee works in collaboration with the Gabriola Medical Clinic to facilitate the recruitment and retention of physicians to the Gabriola Medical Clinic to improve access to primary and urgent care services.

Recruitment

- Dr. Adam Sandell joined the practice in March of this year and has taken over Dr. Bosman's patients.
- We reluctantly say goodbye to Dr Francois Bosman who has served this community not only as an outstanding physician but also as a strong advocate for developing the health care workforce on this Island. We wish him the very best in his well-deserved retirement.
- The GHCF continues to support the doctors in recruiting 2 more primary care practitioners to Gabriola in collaboration with Island Health, Health Match BC and the Ministry of Health. (Primary care practitioners include both physicians and nurse practitioners.)
- GHCF has welcomed a number of potential candidates through visits on Gabriola in 2020
- Hosting consists of providing a welcome to the doctors and family to Gabriola, travel assistance where necessary and hosting a meal during the visit to include some GHCF Board members and the doctors and spouses.

Recruitment & Retention Committee

Retention

Regarding the support of our primary care physicians and nurses

The GHCF aims to:

- Assist the doctors when they arrive to start their work on Gabriola including – finding housing, rental relief and other supports
- Continue to manage and upgrade a first class facility where the doctors look forward to going to work and that they and their patient feel safe and comfortable. Upgrades this year related to the COVID-19 pandemic include Plexiglas partitions, partial ambulance bay enclosure and additional infection control measures. Upgrades and replacement of equipment is ongoing.
- In collaboration with the health authority, doctors, Rural and Remote Division of Family Practice and other community partners, support the integration of additional allied health care professionals and health services to this community.
- An important recent example is where the Board financially supported the Mamahood project that enabled professionally supported group and individual counselling of new mothers and some fathers.
- Other projects included hosting and financially supporting a community meeting that with partners from the Rural and Remote Division of Family Practice and PHC led to the training of volunteers and brought a Home Hospice Program to Gabriola.
- In the past the Board through its donation of rent-free space, enabled demonstration projects of both the social worker and Mental Health and Substance Use (MHSU) nurse. These projects clearly filled a gap in services and are now permanent health authority positions. All we need to do is take a look at the most recent video to see how supported the physicians feel with the addition of these and other team members.

Treasurer's report

Harvey Graham, Treasurer

Treasurer's report

Financial Statements

The complete set of GHCF financial statements, as reviewed by K.D. Beausoleil & Company Inc., is included in the GHCF web site at:

https://ghcf.ca/img/fin_stmt_2019.pdf

While the statements are reasonably straight forward, there are two aspects that may require a bit of explanation:

- The fund accounting, and
- The internally and externally restricted cash balances.

A brief explanation of these is set out in the following slides.

Treasurer's report

Fund accounting

GHFC uses fund accounting to track receipts and expenditures that are related to or restricted to specific purposes. Funds used by GHCF are:

- Kitty Heller Fund. This fund was initially established on the receipt of two bequests totalling \$100,000 from the estate of Kitty Heller to be used only for the purpose of funding health care programs on Gabriola.
- Medical Equipment Fund. This fund tracks donations received where the donor specifies that the donation is to be used to acquire medical equipment and the related expenditures for such equipment.
- Health Centre Fund. This fund tracks the donations received to cover the initial cost of constructing the Gabriola Medical Health Centre and, now, the costs of maintaining the structure and equipment therein.
- Operating Fund. This fund tracks all revenue and expenditures not included in the first three funds. Mostly this is the revenue and expenditures related to the operation of the Health Centre.

Treasurer's report

Restricted cash and investment certificate balances, December 31, 2019

Restricted cash (or cash investments) is cash that has been restricted for use for a specified purpose by its donors (externally restricted) or by the GHCF directors (internally restricted). GHCF's restricted balances are:

- Externally restricted
 - Health Centre Fund (Renewal) \$270,781
 - Medical Equipment fund \$2,881
 - Kitty Heller fund \$ 48,935
- Internally restricted (part of the Operating Fund)
 - Health Centre maintenance (Renewal) \$235,000
 - Physician recruitment \$50,000
 - Long term operations \$50,000
- The total set aside for the Health Centre Renewal is therefor \$270,781 plus \$235,000 for a total of \$505,781.

Treasurer's report

Summary

In general, with the exception of the receipt of a very welcome bequest, revenues and expenditures in 2019 were very much the same as in 2018:

- Revenue of \$399,112 was up \$216,665 over 2018, primarily due to a bequest of \$182,276 from the estate of Mary Gay Brooks.
- Building operating costs were \$118,992, up from \$112,759 in 2018.
- The cost of community services (the cost of operating the urgent care room, the Telehealth equipment, the helipad, and new medical equipment) was \$13,513, slightly down from 2018.
- Foundation operating costs were \$18,270, up from \$13,475 in 2018.

As set out earlier, a complete set of the 2019 financial statements can be found at https://ghcf.ca/img/fin_stmt_2019.pdf.

If you have any questions with regard to the financial statements, please send us an email using the “Ask a question” button on the AGM page.

Governance Committee

Mike Phillips, Chair
Harvey Graham

Governance Committee

Mandate

The Governance Committee assists the Board to create and maintain a healthy governance culture that reflects current governance standards and good practices. In particular, the committee:

- *Recommends to the Board a plan for ongoing Board education and development and leads the orientation of newly elected directors.*
- *Monitors compliance of GHCF with the British Columbia Societies Act and regulations, GHCF constitution and bylaws, and Board policies.*
- *Reports periodically to the Board on the committee's work.*
- *Makes recommendations as required for changes to the structure and membership of committees.*

Governance Committee

- **2020 Review of the Bylaws of the Foundation:**
 - The Covid-19 pandemic has led many societies to opt for various forms of electronic meetings instead of meeting in-person. Most of the proposed changes to the GHCF by-laws are to permit it to hold electronic meetings.
 - In addition, there are minor changes to:
 - Permit the directors, by a 75% vote, to expel or suspend a member for conduct substantially prejudicial to the society,
 - Defined director's signing authorities, and
 - Two or three minor housekeeping changes.

Details of the proposed changes to the by-laws (changes highlighted in red) are on the GHCF web site at

https://ghcf.ca/AGM/2020_by-laws.pdf



Nominating Committee

Mike Phillips, Chair



GHCF Election of Directors

Continuing Directors	2020 Nominations
<p>To 2021:</p> <ul style="list-style-type: none">• Chuck Connor <p>To 2022</p> <ul style="list-style-type: none">• Donald Sutherland <p>Thank you!</p> <ul style="list-style-type: none">• Nancy Rowan• Penny Cook	<p>2020 Nomination, for a two-year term:</p> <ul style="list-style-type: none">• Harvey Graham• Mike Phillips• Vicky Scott <p>2020 Nomination, for a three-year term:</p> <ul style="list-style-type: none">• Dyan Dunsmoor-Farley• Kim Lister• Bruce Walker

Note, if there are further nominations from the members, new voting instructions will be issued at that time.

Gabriola Health Care Foundation

Thank you for participating!

